

# Inner Healing / Part 2

(Finding and Healing Soul Wounds)

How would you know if your soul is wounded?

Things that indicate soul wounds

- 1 Nothing ever gets fixed
  - no matter what has been done to try and fix the soul wound there is never any successful healing of the wounds

**\*\*\* Deliverance Key \*\*\***

The more you minister deliverance the more you will realize that the need for deliverance is deeper than what you initially realized

- 2 There is memory missing
  - find out the earliest known memory
  - when memory is missing this clearly indicates one of 2 things is happening
    1. Denial – deliberate avoidance
    2. Dissociation – nondeliberate avoidance

The difference between denial and dissociation

Denial means

- no it didn't happen
- choosing to block it out
- not wanting to remember

Dissociation means

- it is blocked out as protection
- this action is not a choice
- can't remember

Blocks of "Lost Time" (whether present or past) are a clear indication of either denial or dissociation

People who do not remember or have lost blocks of time often do not even realize that this is a problem. This is almost always a clear indication of abuse.

Remember – there is a reason not to remember

- 3 Relationships are hard
  - apt to run from relationships
  - difficulty bonding in "normal" circumstances with people
- 4 Self abuse

-cutting, self-mutilation, kicking, suicidal impulses, risky sex, eating disorders, drugs, alcohol

- 5 Take a look at the family dynamics
- look for repeated behavior
  - soul scars and soul wounding is inherited (inherited dissociation)
  - soul stain (that which cannot be removed)

How to heal a soul

John 4:6

<sup>6</sup>Now Jacob's well was there. Jesus therefore, being wearied with *his* journey, sat thus on the well: *and* it was about the sixth hour. <sup>7</sup>There cometh a woman of Samaria to draw water: Jesus saith unto her, **Give me to drink.** <sup>8</sup>(For his disciples were gone away unto the city to buy meat.) <sup>9</sup>Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans. <sup>10</sup>Jesus answered and said unto her, **If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.** <sup>11</sup>The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water? <sup>12</sup>Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle? <sup>13</sup>Jesus answered and said unto her, **Whosoever drinketh of this water shall thirst again: <sup>14</sup>But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.** <sup>15</sup>The woman saith unto him, Sir, give me this water, that I thirst not, neither come hither to draw. <sup>16</sup>Jesus saith unto her, **Go, call thy husband, and come hither.** <sup>17</sup>The woman answered and said, I have no husband. Jesus said unto her, **Thou hast well said, I have no husband: <sup>18</sup>For thou hast had five husbands; and he whom thou now hast is not thy husband: in that saidst thou truly.** <sup>19</sup>The woman saith unto him, Sir, I perceive that thou art a prophet. <sup>20</sup>Our fathers worshipped in this mountain; and ye say, that in Jerusalem is the place where men ought to worship. <sup>21</sup>Jesus saith unto her, **Woman, believe me, the hour cometh, when ye shall neither in this mountain, nor yet at Jerusalem, worship the Father. <sup>22</sup>Ye worship ye know not what: we know what we worship: for salvation is of the Jews. <sup>23</sup>But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him. <sup>24</sup>God is a Spirit: and they that worship him must worship him in spirit and in truth.** <sup>25</sup>The woman saith unto him, I know that Messias cometh, which is called Christ: when he is come, he will tell us all things. <sup>26</sup>Jesus saith unto her, **I that speak unto thee am he.**

- 1 Get past the bondage
  - what is the bondage?
  - what is holding this person back from being ministered to?
  
- 2 Relate to basic desire
  - physical first
  - relate to who they are and what they need
  - everyone has deep needs
  
- 3 Get the secrets
  - to heal you must reveal
  - that which is not revealed will be that which keeps you in bondage
  - the secrets are where the shame is
  - shame=bondage
  
- 4 No condemnation
  - your approach should never ever include condemnation
  
- 5 Give them a safe place
  - an emotional hide away
  - a criticism free zone
  - where they can say or do anything to authenticate where their pain is and what it has done to them. Without the fear of any judgment or repercussions later

The lies that have deceived people – things that people believe that have keep them from receiving inner healing

- 1 Forget the past
  - not to be confused with those “stuck in the past” they whine about it and complain about it. They need to get on with life. These people are pathetic
  - wounded people can’t forget the past
  - they cannot forget the past because they are locked into the pain
  
- 2 It’s over
  - you can’t change it, what’s done is done
  - It’s not over until the wounded person says it’s over
  
- 3 I’ve forgiven
  - false perception that going through the religious motions of forgiveness is truly forgiveness
  - this is only partial forgiveness
  - you have to allow the dissociative part of the consciousness to validate the experience, horror, trauma, and all of the negative emotions associated with it

Once you have identified the lies how do you get the person free?

- 1      Relive the past
  - whether it's wanted or not they need to go there
  - emotionally in the now
  - this forces the demonic that is attached to these emotions to the surface
  
- 2      Relinquish rights to retaliation
  - you cannot relinquish what you do not acknowledge you have
  - venting = validation
  
- 3      Remit – to set aside all the wrongs and forgive by faith
  
- 4      Receive God's Grace
  - realize that God truly has allowed the level of healing that can only come from Him

Point of the pain

What is the point of the pain?

- the place of the earliest soul wounds received
- the place of the deepest soul wound received
- what hurt the most
- sometimes this will not be the suspected place