

**HOW TO DO DELIVERANCE**  
**PART 2**

“Guidelines for Inner Healing and Deliverance”

## **Background Information**

### **1) *Family History***

- Immediate Family History
- Ancestral Family History – Why? Because we are a product of those that have gone before us
- Finding out about the persons background will help you frame your spiritual approach to understanding how the person will get free.
- Ask a lot of questions (such as) ethnicity, racial identity

### **2) *Psychological Profile (such as)***

- Character Traits
- Common behavioral patterns consistent in the family
- Physical patterns
- Emotional patterns

### **3) *Behavioral Profile***

- The psychological and behavioral profiles sometimes overlap
- Why do they act the way they do?

### **4) *Relational***

- One of the most important things that you need to know about a person to minister effectively to them and for them to receive from you is to know about their relationships
- This information will reveal a majority of what you need to know
- Present relationships
- Past relationships (the history)
  - How did you get along with other people
- Identity imprints

### **5) *Spiritual***

- Present
- History
- Cult involvement – “we” vs. “they” mentality
- Christians or not
- Belief systems

Pattern will cross over into other areas

## **Fundamental Spiritual Issues**

- 1) Confess and repent of any sins that have not been dealt with
  - Deal with back sliding
  - Make things right in their heart before God
  - If this is not dealt with you will hit a wall
  - Everything big or small needs to be dealt with. The devil is a legalist he will capitalize on the smallest things
- 2) Renounce Curses
  - All known
  - All unknown
- 3) Forgiveness (truly forgiven)
  - There is a right and a wrong way to forgive

## **Why is the exercise of public ministry with eye contact and declaration of affirmations important to the person's deliverance?**

Because it is essential to declare your authority and to do it verbally  
-Put the Devil on notice- doing it verbally

- 1) Declare positional authority
  - You are a child of God
  - Ephesians 1-2
  - To declare your identity in Christ Jesus  
(A person that has been shamed cannot make this declaration)
  - Putting self on notice
- 2) Command Demons
  - Have the person tell the demons to obey God (the person of God ministering the deliverance)
  - James 4:7
  - Treat the devil like a real live enemy
  - 1 Peter 5:8
  - Putting the devil on notice
- 3) Require cooperation from the alters
  - Put all parts of the person on notice

## The exorcism

- 1) Legal Right (how the demon gets in)
- 2) Uncovering stronghold (how the demon stays in)
  - The place of emotional investment in the person
  - These first two steps are often overlooked
  - Spiritual Healing (deliverance) is an invasion of your privacy
  - These steps are general in order. Sometimes they are rearranged
  - Never put steps in front of yielding to the instruction of the Holy Spirit
- 3) Alters
  - Sometimes "some" strongholds are only connected to "some" alters
- 4) Soul Scars (Inner Healing)
  - Finding out where the hurts and wounds are
  - This area may be where you spend most of your time ministering
- 5) Dividing Soul & Spirit
  - Hebrews 4:12
  - To minister deliverance you must be able to discern the thoughts and intents of the heart
  - This is not done through the spirit of the person
  - The spirit is redeemed and desires to follow Christ and do what's right
  - Divide it to isolate it
  - Divide out that which needs the healing
- 6) Main demon (Main spiritual force that is affecting the person)
  - Start at the top and go down
  - Call up the "chief" demon
  - Most often the demon you need to deal with is not the one at the top but the one who is running the interference
  - The demons may try to bring mind control in to confuse you

7) Bind the demons together

- These may not be "all" the demons in the person but rather all the demons connected or related to what you are presently dealing with
- You may be dealing with one or maybe two levels
- There may be a period of time (short or long) before there is any awareness to the levels
- This is OK because the person may not be ready or capable to deal with the other areas
- Just do what you can do
- There will be freedom
- Do not let slow progression (little by little) frustrate you
- All the healing and freedom does not have to happen all at once
- It took a while to become who you are and it will take a while to get you back to who God wants you to be. This is called sanctification – surrendering areas of your life to the Lord

## **After all the previous steps are done now you are ready to cast out the demon(s)**

4 Things based on

- What you tell the demons to do
- What you have the person do
- What you do
- What the demon does

Why is it so helpful to objectively identify the demonic and have it speaking and declaring its own doom?

- the devil is a legalist
- By speaking their own doom the enemy is signing a legal contract
- We as Christians will have to go to the "JUDGE" (God) to have the terms of the legal contract enforced

- 1) Have the demon renounce all rights and curses
  - Also have the person being ministered to renounce all rights and curses for themselves and generations to come
- 2) Bring down the wrath of God
  - Does not have to be done every time but is needed sometimes to weaken the demon
  - Weakening the demon makes for less likelihood that harm will be done to the person being ministered to physically, mentally, emotionally or spiritually
- 3) Have the demon declare it's own doom
- 4) Have the demon acknowledge its own expulsion
  - Which means to have the demon say, "I go now to the pit"

## **After the exorcism**

The deliverance is over but your work is not quite done yet

- 1) The person needs to be filled with the Holy Spirit  
(every time without except)
  - Anoint with oil
  - Deliverance creates a vacancy
  
- 2) Give instruction about after care. What are they to do after deliverance?
  - Read the Bible which is to include
    - Memorization of scriptures
    - Read and memorize scripture targeting the issue(s) for which the person received ministry
    - Ask God to reveal the scriptures that are most helpful to your situation
  - Pray (Spend time alone with God) Build a relationship with Him
  - Go to church (regularly) try to find a church that teaches the whole gospel